



Reset & Restore Retreat at the 5 Star Culloden Estate & Spa...

Sunday 18th January 2026
10am to 6pm

We invite you to a transformative day retreat
for a complete reset.

Yoga | Mindset Workshop | Lunch | Spa Session
| Treatment of Choice | Candle-Lit Sound Bath

Make 2026 the Year of You.....

Cost: £165 Per Person

Optional overnight stay in a luxury room with
breakfast included £99 per person sharing

Book your place now at www.cinchyourlife.com or
call 028 9002 7305